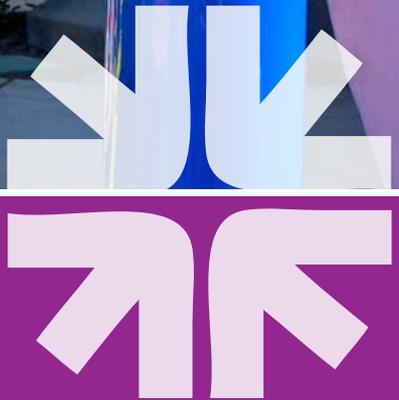




EMERYVILLE

CITY NEWS & ACTIVITY GUIDE



WINTER/SPRING 2013

Get Social!

Stay informed about upcoming classes, events & news by visiting the The City of Emeryville's Community Services Department website at www.emeryville.org/csd, or following us on twitter.com/EmeryvilleCSD and facebook.com/EmeryvilleCSD



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PAGE 30

every dollar counts

THE CAMPAIGN TO FUND EMERY SCHOOLS

Please TAKE A SECOND AND SEE **HOW** YOU CAN HELP

Every Dollar Counts is a monthly contribution from your checking account that is automatically withdrawn and transferred to help support Emery Schools. Donations can vary from \$10-\$100 per month.

We also invite you to join the **Emery Ed 100**. This includes 100 community residents, business leaders and businesses that have pledged \$1000 per year to sustain our work.

1 Please visit our website or call us for a donation form

2 Read about our cause in our campaign section at: **emeryed.org**

3 **Donate** and support Emery Schools

Emery Ed Fund
 p. 510.601.4911
 e. info@emeryed.org
 w. emeryed.org

Activity Guide

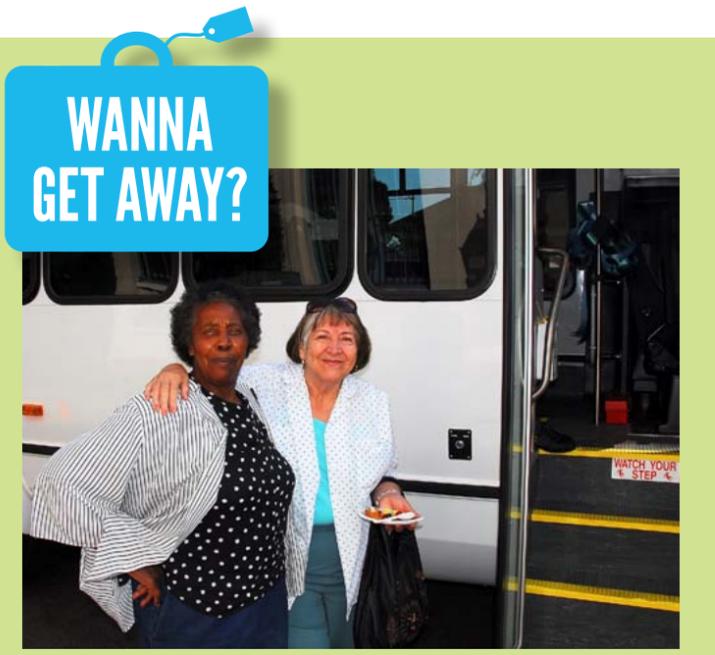
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FREE 8-TO-GO SHUTTLE FOR SENIORS AND PEOPLE WITH DISABILITIES

Serving the greater 94608 zip code area of Emeryville and portions of Oakland, this FREE shuttle operates five (5) days a week from 9:00am to 5:00pm for people over 60 years old or those of any age who qualify for Paratransit. The “8-To-Go” van is fully accessible and can take up to three people at a time to any location in Emeryville as well as nearby Oakland hospitals/clinics, Berkeley Bowl West, MacArthur BART Station, and more. Sign up today at the Emeryville Senior Center!



The Emeryville Senior Center offers many great travel adventures in the Bay Area and beyond! Sign up to be a member of the center today and receive a coupon for \$5.00 off your first trip with us. For more information, contact the Emeryville Senior Center at 510-596-3730.

Parks Make Life Better!™

NOW FEATURING MISTAKES AND MISPRINTS!

The Community Services Department makes a few mistakes and misprints in every activity guide produced. This is for the enjoyment of our people who spend their leisure time ‘proofing’ advertisements and for entertainment of all who enjoy a funny ‘typo’. If you are lucky enough to be the first to report a mistake, misprint, or typo, please contact Administrative Analyst Kevin Laven at klaven@emeryville.org to get entered in a ‘misprint’ reward raffle and help improve future versions of the guide!

The Emeryville City News and Activity Guide is published three times a year by the City of Emeryville.

The guide is printed by Casey Printing using recycled ink, a recycled paper cover, uncoated text pages, and no heat set presses to keep this issue green. Design: Placemaking Group | Photos: Nick Sebastian and City Staff

Policy on Non-Discrimination on the Basis of Disability

The City of Emeryville does not discriminate on the basis of disability in the admission or access to its programs or activities. An Americans with Disabilities Act (ADA) Coordinator has been designated to coordinate compliance with the non-discrimination requirements contained in the Department of Justice regulations implementing Subtitle A of Title II of the Americans with Disabilities Act (42 U.S.C. §12101 et seq.), which prohibits discrimination on the basis of disability by public agencies. In compliance with the ADA, a person requiring an accommodation, auxiliary aid or service to participate in this program should contact the sponsoring department or Dominique B. Burton, ADA Coordinator at 510.596.4380 or dburton@emeryville.org as far in advance as possible, but no later than 72 hours before the scheduled event. The best effort to fulfill the request will be made. All documents are also available in alternative format, upon request.

EMERYVILLE CHILD DEVELOPMENT CENTER

1220 53rd Street, Emeryville
510-596-4343
Hours: 7:30am – 5:30pm, Monday – Friday

ABOUT US

The Emeryville Child Development Center (ECDC) is dedicated to providing children ages four months to five years old with daily experiences filled with learning, laughter, and love. ECDC is operated by the City of Emeryville to provide families living, going to school, or working in Emeryville, a safe and caring center for their children. ECDC is open year round and provides care for over 100 children daily.

The center is staffed by certified, professional teachers who help children achieve growth in all areas of development. Bi-annual assessments and monthly observations are completed for parents to convey the program of each child in all development areas. Age appropriate lunch and snacks for all ages are served. The center also boasts some of the best caregiver to child ratios anywhere in the Bay Area too. Opportunities abound daily for each child to explore, create, experiment, and savor the rewards that come with success!

ECDC has openings for your family!

Subsidized Care for Ages 3-5 years old
Market Rate Care for Ages 4 months to 5 years old

We'd love for you to join us today.



For more information on our programs & services, visit our website at <http://emeryville.org/ecdc>

WHO CAN ENROLL

The Center is only enrolling children who live in Emeryville, the greater 94608 zip code area or whose parents work in Emeryville. Parents with a child enrolled in the Emery Unified School District may also be eligible to enroll a child at the ECDC. Verification of residence or employment is required when enrolling. The Center also participates in a State subsidized program that allow for families in need to participate.

PROGRAMS AND FEES

Registration Fee
\$116/one time fee

Infants (4-18 months old)
Res: \$1,589/month
Non-Res: \$1,766/month
Part-Time: Res: \$83/day Non-Res: \$93/day

Toddlers (18-36 months old)
Res: \$1,445/month
Non-Res: \$1,607/month
Part-Time: Res: \$76/day Non-Res: \$84/day

Pre-K (3-5 years old)
Res: \$1,157/month
Non-Res: \$1,285/month
Part-Time: Res: \$60/day Non-Res: \$67/day

Fees are subject to change

KINDER BUDDIES

This program provides an enriching, hands on environment for your preschool child. We offer a variety of activities to promote the social, emotional, physical, intellectual and creative growth of your child in a warm and supportive setting. Our curriculum is planned around monthly themes and emphasizes the importance of learning through play and self-discovery. The instructors shall determine the readiness of a child to participate in the program. (Child needs to be potty trained). Please call 510-596-3770 to put your name on the interest list.

DAYS	TIMES	MONTHLY FEES
M, W, F	9-11:30am	\$112R/\$118NR
T, Th	9-11:30am	\$78R/\$83NR

KIDS IN MOTION (GRADES 4-6)

Kids In Motion is a City of Emeryville subsidized after school program offered in conjunction with the Emery Unified School District through Proposition 49. A veteran staff of program leaders provide structured activities and supervision for up to 40 students. Typical Kids In Motion programming includes: homework assistance, science exploration, gardening, cooperative games, dance, drama, sports and more. Emphasis is placed on offering the participants more critical thinking exercises and security in their independence to becoming successful at the next level of their education and life.

DATES	DAYS	TIMES	FEES
8/27/2012-6/13/2013	M,T,W,F Th	3-6pm 1:30-6pm	\$149R/ \$155NR



BEFORE SCHOOL CARE PROGRAM (GRADES K-6)

Are you looking for a safe place to care for your K-6 grade child so you can make it to work on time? Look no further than the before school care program offered by the City of Emeryville. For a low monthly fee, our veteran staff will provide a fun start to the day for your child starting at 7:30am. Staff will then escort your child to the Anna Yates Elementary School campus.

DATES	DAYS	TIMES	MONTHLY FEES
8/27/2012-6/13/2013	M-F	7:30-8:30am	\$25R / \$30NR/



New

We now offer a \$10 a month sibling discount for families in our after school programs!

ADVENTURE WORKS (GRADES K-3)

Adventure Works is a City of Emeryville after school subsidized program offered in conjunction with the Emery Unified School District through Proposition 49. This full day extended after school program provides a warm, nurturing, and fun environment for up to 60 students in grades K-3. Our veteran staff of the program maintains a maximum supervision and program creatively throughout the year, providing structured activities and supervision including: homework assistance, science exploration, gardening, cooperative games, dance, drama, sports, nutritional snacks and more. In this program emphasis is placed on offering the participants more critical thinking exercises and security in their independence to promote social, emotional, and cognitive development. Children must register with the Emeryville Community Services Department to participate. Children are escorted by staff to and from Anna Yates Elementary School to ensure a safe passage between sites. In the Adventure Works program, everyday is truly a great adventure.

AGES	DATES	DAYS	TIMES	FEES
Grades 1-3	8/27/2012-6/13/2013	M,T,W,F Th	3-6pm 1:30-6pm	\$221R/ \$227NR
Kinder-garten	8/27/2012-6/13/2013	M-F	1:30-6pm	\$221R/ \$227NR

Note: Before and Afterschool programs will be closed on E.U.S.D. Holidays and Teacher In-Service days.

BREAKFAST WITH SANTA

New

Enjoy breakfast followed by pictures with Santa and holiday activities in Santa's magical workshop. Bring your own camera, holiday framed photo available for additional cost. Please bring non-perishable canned foods and/or unopened toys for the food/toy drives. Your generosity will help spread the joy of giving this holiday season. **Breakfast:** Pancakes (Regular or Blueberry), Sausage (Turkey or Pork), Scrambled Eggs, Fruit, Water, OJ or Coffee.

CLASS#	DATES	DAYS	TIMES	FEES
3157	12/15	S	9-11:30am	Adult: \$7R/\$8NR Child \$5R/\$6NR

LOCATION: EMERYVILLE SENIOR CENTER | 4321 SALEM STREET

SUPER SATURDAY WINTER WONDERLAND

Attention parents: take advantage of this chance to catch up on your holiday shopping without the curiosity of your little ones. Designed specifically for younger children ages 5-12, the day is filled with seasonal games, crafts, holiday music from around the world, classic holiday cartoons, a visit from a jolly guest, and so much more! Lunch and special holiday baked goodies are provided. Please pre-registration to join us.

CLASS#	AGES	DATES	TIMES	FEES
3155	5-12	12/15	10am-2pm	\$20R/\$25NR

FRIDAY NIGHT FUN, PARENTS NIGHT OUT

Enjoy a Friday evening out at the movies, a romantic dinner, or any entertainment "children free" on our parent's night out series! Our certified Recreation Leaders will make sure your children are safe and have a great time in the process. Leaders will engage participants in a variety of activities such as arts and crafts, food projects, music and movement, and many fun games. We'll also take care of dinner for each participant. This is cheaper and better care than any babysitter, you can't go wrong! Additional sibling is \$10.

CLASS#	AGES	DATES	TIMES	FEES
3295	5-12	1/25	6-10pm	\$25R/\$30NR
3296	5-12	3/15	6-10pm	\$25R/\$30NR
3297	5-12	4/19	6-10pm	\$25R/\$30NR

LOCATION: RECREATION CENTER

CAN YOU HEAR ME? YOUTH VOICE IN ACTION

New

This class is a platform for young people to explore their voice through writing. Students will explore themselves, their communities and gain:

- Creative and traditional writing techniques and strategies
- Public speaking and performance strategies and experience
- Themed, timed-writing experience and techniques
- Tools promoting social & emotional competency
- Collaborative writing techniques and experiences
- Event planning and coordinating experience
- Peer review, revision and editing

A \$25 material fee due to the instructor on the first day of class.

CLASS#	AGE	DATES	DAYS	TIMES	FEES
3320	13-18	1/28-3/18	M	5:30-7:30pm	\$150R/\$155NR

LOCATION: RECREATION CENTER | NO CLASS 2/18

SATURDAY YOUTH FIELD TRIPS

Join the Community Services Department staff for excursions that bring you face to face with cool nature outings and Bay Area attractions you don't see everyday! Back Roads introduces "explorers" 6-12 years old to environmental and nature study, unusual sights, seasonal highlights, museums and more! Sign up for the entire series OR the excursions that make your feet itch to get out on those back roads! All entrance fees and bus, van, and/or BART transportation included. For individualized attention and skill building this program is limited to 20 children. Participants MUST be pre-registered and bring a bagged lunch!

CLASS #	CLASS	DATES	DAYS	TIME	FEES
3334	Exploratorium	1/12	S	10am-4pm	\$27R/ \$32NR
3335	Shorebird Nature Center & Adventure Playground	2/9	S	10am-4pm	\$22R/ \$27NR
3336	Sails and Tales (Pier 39 SF Nautical Museum)	3/25	S	10am-4pm	\$30R/ \$35NR
3337	Ardenwood Regional Park	4/27	S	10am-4pm	\$20R/ \$25NR

JEDI ENGINEERING WITH LEGO

Young Jedi will explore worlds far, far away and engineering principles right in front of them. Defeat the Empire by designing and refining X-Wings. R2-units and settlements on far-flung edges of the galaxy. Imagination and engineering combine to create motorized and architectural projects such as energy catapults, shield generators and defense turrets. A new offering of original designs for young Jedi.

CLASS	AGE	DATES	TIMES	FEES
3332	5-7	12/26-12/28	9am-12pm	\$112R/ \$117NR

LOCATION: RECREATION CENTER

JEDI MASTER ENGINEERING WITH LEGO

The Force is strong in this class. Build complex machines and structures based on the best designs from a galaxy far, far away. Projects include X-Wings, AT-AT walkers, Pod Racers, Star Destroyers, Cloud Cities, settlements and fortresses. Play-Wells instructors reinforce key engineering concepts such as gear trains, worm drives, pneumatics, eccentric motion and more as students tap into the powerful forces of imaginations and engineering.

CLASS	AGE	DATES	TIMES	FEES
3322	8-12	12/26-12/28	1-4pm	\$112R/ \$117NR

LOCATION: RECREATION CENTER

BASH EM BOTS WITH LEGO

Have you ever wanted to learn to build a massive motorized machine? In this advanced engineering camp, students re-engineer standard vehicles into mechanized machines that can traverse challenging obstacles, battle against fellow bots and take on Play-Well instructors' colossal creations.

CLASS	AGE	DATES	TIMES	FEES
3321	8-10	1/2-1/4	9am-12pm	\$112R/ \$117NR

LOCATION: RECREATION CENTER

JUNKYARD CHALLENGE WITH LEGO

Because engineering is always a team effort, this camp teaches students how to work collaboratively to design and build the fastest, strongest, most maneuverable machines and coolest structures possible to solve real world engineering challenges. Recommended for experienced builders.

CLASS	AGE	DATES	TIMES	FEES
3319	8-10	1/2-1/4	1-4pm	\$112R/ \$117NR

LOCATION: RECREATION CENTER

FRIDAY NIGHT TEEN TRIPS

Designed just for our own teens, a safe and fun Friday Night out! Every Friday we have music, table games, cooking and more. Excursions will accept the first 20 participants.

Trips are at an additional charge. Admission to all "Teen City" Friday night activities (6-9pm), require drop-in fees or a monthly "Teen City's All Access Granted Pass".

Note: "Teen City" is closed on Friday night excursion days 6-9pm, (10/19, 10/26, 11/2, 12/7, 12/14).

CLASS#	EVENT	DATES	FEES
3339	Q-zar Laser Tag and a visit to a local Teen Center	1/18	\$30R/\$35NR
3340	Valentine Dance	2/8	\$5R/\$7NR
3342	Spring Formal	4/12	\$5R/\$7NR

ALL TRIPS DEPART AT 3:30PM FROM THE RECREATION CENTER.

DANCE AND SPRING FORMAL BEGIN AT 6PM AT THE EMERYVILLE SENIOR CENTER.



TEEN ON-LINE DRIVING COURSE

Are you tired of asking your parents for a ride? Are you at least 15 years old? If so this class is for you. This is an interactive online course with videos, animated driving scenarios and sample test questions. Learn the rules of the road, major causes of traffic collisions, DMV procedures and much more. Receive DMV approved certificates of completion-required for teens under 17 1/2 years old to obtain a Learner's Permit and Driver's License. A Licensed Instructor is available to answer any questions. After registering for the class you will be given a sheet with instructions on how to complete the class.

CLASS#	REGISTRATION FEE
3323	\$65R/\$70NR

DROP IN TEEN CENTER

Specifically designed for the developmental, creative and active needs of young teens in grades 6-9, this program provides the much needed transition between our after school program and our older teen "Leaders In Training" job readiness program. The Teen Lounge includes specially selected theme days with coordinating activities, weekly special events, and bi-monthly trips. The program offers activities to help young teens develop both their sense of self and independence in a safe environment. Activities include a homework club and tutoring time daily, mentoring program, community service projects, job shadowing, and health and counseling services/seminars. In addition, we'll have crafts, cooking activities, games, dances, movies nights, special guest presentations, field trips and lots of fun! Our highly trained recreation staff brings a wealth of experience and enthusiasm to ensure a positive after school adventure. This program is open to all teens in the greater 94608 zip code. Parents: This is not a drop-in program, all participants must pre-register and have their parents' approval. **Drop in daily fee: \$2**

DATES	DAYS	TIMES	FEES
8/27-12/21	M-Th F	3:15-6pm 3:15-9pm	\$25R/\$30NR Three Month Pass

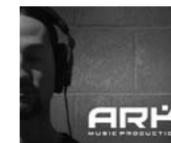
TEEN SKI TRIP TO BOREAL SKI RESORT

Join the City of Emeryville for a fun filled day on the slopes or just tubing around Playland at Boreal Mountain Ski Resort. Teens are welcome to sit back and enjoy a great day in the snow! We'll provide the transportation, lift tickets and on the go breakfast. There will be a stop for dinner at Burger Me restaurant. Teens must bring money for lunch and dinner. Additional information will be given prior to the trip.

CLASS#	AGE	DATES	FEE
3324	13-18	2/2	\$45R-\$105R/ \$50NR-\$110NR



ELECTRONIC MUSIC AND AUDIO ENGINEERING BASICS



This class will present the fundamentals of electronic music, step-sequencing, drum machines, timeline arrangement, basic recording techniques & signal flow, timeline editing, mixing setup, dynamic processors, effects sends and much more. Each class is tailored to the needs and proficiency level of the students. All ages and levels of proficiency welcome. \$25 materials fee payable to the instructor of the first day of class. **Drop in fee: \$30.**

CLASS #	DATES	DAYS	TIME	FEES
3271	1/8-2/26	T	7-9pm	\$160R/\$165NR
3272	3/5-4/23	T	7-9pm	\$160R/\$165NR

LOCATION: RECREATION CENTER COMPUTER LAB

Meet Your Instructor: Abram Katz



Abram Katz owns and operates Ark Music Production, an independent audio production company specializing in Folk, Jazz, Down Tempo, Hip-hop, Trip-Hop and Soul. Katz holds a bachelors of science in sound engineering. Ark Studio was established in 2001 for the engineering of philanthropic media, including: Non-profits, Youth Organizations, Spiritual and Grass Roots Organizations working for Social Justice and Positive Change.

Meet Your Instructor: Brad Joseph Dubin



Born into a family of performers and musicians, Brad Joseph Dubin grew up on the stage. He was spotted by a Hollywood casting agent at the age of 17, and within a few short weeks, booked several national and international commercials. Television shows, feature films, and music videos were soon to follow. Dubin has appeared on screen with such stars as: Elton John, George Clooney, Claire Danes, Chris O'Donnell, Beverly D'Angelo, and David Duchovny.

ELEMENTAL ACTING

"Earth my body. Water my blood. Air my breath. Fire my spirit." Elemental Earth Chant

Elemental Acting draws on the four elements to help actors channel true inner power, boundless passion and fierce intensity. These four elements are responsible for creating, sustaining, and renewing life on Earth and in our lives. Elemental Acting will give amateur and seasoned actors alike an exciting and fun opportunity to develop themselves as instruments for self-expression, transformation, and emotional release. By creating a more sculpted inner landscape, students will develop an awareness of their own "word, sound and power" which can be equally useful for performing on stage or just walking down the street. Once we see what is on the inside, we can more clearly see what we want on the outside. Improvisation, comedy, drama, scene study, monologues, movement, sensory awareness exercises, laughter and perhaps a few tears will be the focus of our time together. I strive to create an environment of community, humor and trust which will allow us to take artistic chances we might not otherwise feel comfortable exploring.

Drop in fee: \$25.

SESSION	CLASS #	DATES	DAYS	TIMES	FEES
Session I	3274	1/8-2/5	T	6:30-9:30pm	\$99R/ \$104NR
Session II	3275	2/19-3/19	T	6:30-9:30pm	\$99R/ \$104NR
Session III	3276	4/2-4/30	T	6:30-9:30pm	\$99R/ \$104NR

LOCATION: SENIOR CENTER BILLARDS ROOM

CAPOEIRA



Capoeira (capo-AYE-rah) is an Afro-Brazilian martial art that combines music, dance, acrobatics, and self-defense. Music and songs accompanied by percussion are an integral part of each class. Capoeira gives you power, flexibility, endurance, and allows for self-discovery that builds your self-confidence. The challenge is within anyone's reach regardless of age, gender, or athletic experience. Go beyond what limits you and enjoy the experience of Capoeira! Malandro has instructed Capoeira and gymnastics for over 10 years and has received the "contra-mestre" belt from Brazil. Classes available for kids ages 5-7 and all level classes from ages 8 and up. Visit Malandro's website at www.capoeirabayarea.com for more information. Try Capoeira for a discounted rate: only \$10 for your first drop-in session! (add \$5 to any fee for NR).

CLASS#	AGES	DATES	DAYS	TIME	FEES
3285	13+	1/3-1/31	M, Th S	6-8pm 10am-12pm	\$65 1x/wk, \$70 2x/wk
3286	13+	2/2-2/28	M, Th S	6-8pm 10am-12pm	\$65 1x/wk, \$70 2x/wk
3287	13+	3/2-3/30	M, Th S	6-8pm 10am-12pm	\$65 1x/wk, \$70 2x/wk
3288	13+	4/1-4/29	M, Th S	6-8pm 10am-12pm	\$65 1x/wk, \$70 2x/wk

LOCATION: SENIOR CENTER-UPSTAIRS | NO CLASS 1/12, 1/21, 2/18

YOUNG WARRIORS CLASS

The Young Warriors is a capoeira youth program focused on developing; discipline, respect, body awareness, confidence and social skills in a supportive and positive atmosphere for participants. Capoeira is a community based art form that welcomes everyone from all ethnicities, ages or athletic ability. Visit, watch, try, and enjoy Capoeira! (add \$5 to any fee for NR)

CLASS#	AGES	DATES	DAYS	TIME	FEES
3280	7-12	1/2-1/30	M, W	4-5:30pm	\$65 1x/wk, \$70 2x/wk
3281	7-12	1/2-1/30	M, W	4-5:30pm	\$65 1x/wk, \$70 2x/wk
3282	7-12	1/2-1/30	M, W	4-5:30pm	\$65 1x/wk, \$70 2x/wk
3283	7-12	1/2-1/30	M, W	4-5:30pm	\$65 1x/wk, \$70 2x/wk

LOCATION: BRIDGECOURT ROOM | NO CLASS 1/21, 2/18

CAPO KIDS CLASS

The "Capo-Kids" program is geared towards children ages 5-7. Children learn basic capoeira movements and music in a fun and playful environment. The methodology used not only helps them to develop basic attack and defense skills and increase coordination of muscle groups, but it will also put on them path to a mentally strong and physically active lifestyle.

CLASS#	AGES	DATES	DAYS	TIME	FEES
3290	5-7	1/5-1/26	S	9-10am	\$60R/\$65NR
3291	5-7	2/2-2/23	S	9-10am	\$60R/\$65NR
3292	5-7	3/2-3/30	S	9-10am	\$60R/\$65NR
3293	5-7	4/6-4/27	S	9-10am	\$60R/\$65NR

LOCATION: SENIOR CENTER-UPSTAIRS | NO CLASS 1/12

Meet Your Instructor:
Contra Mestre Malandro

Malandro Mandinga began his Capoeira path in Oct. of '97 in Detroit, MI. In the year 2000 he moved to California to train Capoeira more extensively. In August of 2006 in Ubatuba, Brazil, Malandro was the youngest member in his group to receive the rank of Contra Mestre.



Since then, Malandro has lived and trained intensively in Brazil. Now with over 10 years of experience, Malandro teaches Capoeira to the youth in various schools throughout the bay area such as Berkeley, Oakland and Emeryville. Malandro's passion for Capoeira, along with the ability to teach youth from any social background, results in Capoeira being used as a very effective tool for education, personal growth, growth of the community and the world.

Malandro frequently travels and teaches classes for many Capoeira schools scattered throughout the U.S. as well as various groups in China, Japan, Israel, Mexico and Brazil.

In September 2012 he opened the Filhos de Bimba - California Bay Area School of Capoeira the 1st and only school of its kind in the entire United States!

KAJUKENBO KUNG FU

Kajukenbo Kung Fu is an eclectic modern martial art founded by Sijo Adriano Emperado in Hawaii in 1947. Along with four other founding martial artists, Kajukenbo was created as a new fighting system that emphasized effective skills for self-defense within the framework of graceful and powerful movement. Sifu Kate Hobbs holds the rank of fifth degree Black Belt in the Gaylord Method of Kajukenbo Kung Fu. She was awarded her first degree black belt in 1991 by the late Professor Coleen Gragen, who promoted her through third degree black belt. She gratefully received her fifth degree promotion from Professor Barbara Bones in 2008. She currently studies Chi Gung, Tai Chi, and Northern Shaolin Kung Fu under Sifu Michelle Dwyer.



KAJUKENBO LITTLE TIGERS CLASS : 9:00-10:00AM

The Little Tigers class introduces young children to games and exercises that teach them to generate power. Little Tigers Class is open to children age 3 to pre-Kindergarten 5 year olds.

CLASS#	DATES	DAYS	FEES
3255	1/5-1/26	S	\$35R/\$40NR
3256	2/2-2/23	S	\$35R/\$40NR
3257	3/2-3/30	S	\$35R/\$40NR
3258	4/6-4/20	S	\$35R/\$40NR

LOCATION: SENIOR CENTER-MAIN HALL | NO CLASS 1/12

KAJUKENBO FAMILY CLASS: 10:00AM-12:00PM

The family class includes conditioning, rigorous repetition of basic strikes and blocks, close-in fighting sets, grappling, traditional forms practice and sparring with partners. Kajukenbo Family Class is open to all students from grade Kindergarten through adults.

CLASS #	DATES	DAYS	FEES
3251	1/5-1/26	S	\$35R/\$40NR
3252	2/2-2/23	S	\$35R/\$40NR
3253	3/2-3/30	S	\$35R/\$40NR
3254	4/6-4/20	S	\$35R/\$40NR

LOCATION: SENIOR CENTER-MAIN HALL | NO CLASS 1/12

ZUMBA

Are you ready to party yourself into shape? That's exactly what the Zumba® program is all about. It's an exhilarating, effective, easy-to-follow, Latin-inspired, calorie-burning dance fitness-party™ that's moving millions of people toward joy and health. Zumba Fitness® is the only Latin-inspired dance-fitness program that blends red-hot international music, created by Grammy Award-winning producers, and contagious steps to form a "fitness-party" that is downright addictive.

Since its inception in 2001, the Zumba program has grown to become the world's largest - and most successful - dance-fitness program with more than 12 million people of all shapes, sizes and ages taking weekly Zumba classes in over 110,000 locations across more than 125 countries. **Drop in fee: \$10.**

SESSION	CLASS #	DATES	DAYS	TIMES	FEES
Session I	3299	1/3-2/14	Th	6-7pm	\$50R/ \$55NR
Session II	3300	2/21-4/18	Th	6-7pm	\$50R/ \$55NR

LOCATION: BRIDGECOURT ROOM

Meet Your Instructor: Ashley Carroll

Ashley is a certified, registered yoga instructor. Her passion for yoga stems from her belief that health and wellness starts from within, "healthy minds build healthy bodies. By connecting the mind and body, one becomes limitless." Many of Ashley's yoga classes incorporate musical elements and aroma therapy to aid in relaxation. Ashley is an advocate for nourishing the mind and body with healthy food and loves sharing healthy recipes with her yoga students and clients. Ashley is also a certified personal trainer and nutritionist /wellness consultant who designs custom meal plans as every individual is different. She specializes in weight loss, weight management, postnatal workouts, body sculpting, and weight training. As an Emeryville resident she is passionate about helping her community become healthier. Ashley is happy to answer any fitness related questions. You may email her at bodybyashleynicole@gmail.com



NEW YOGA FOR BEGINNERS

Learn yoga basics of breathing, relaxing while stretching and strengthening muscles. With little or no experience of yoga, this class provides you with all the knowledge necessary for you to practice at home when you want to relax from a stressful day. In this class we will tune into listening to our bodies in order to empower ourselves to heal. Instructed by Ashley Carroll. **Drop in fee: \$15.**

CLASS#	AGES	DATES	DAYS	TIMES	FEES
3302	18+	1/2-2/6	W	6-7pm	\$60R/\$65NR
3303	18+	2/27-4/3	W	6-7pm	\$60R/\$65NR
3304	18+	1/5-2/9	S	10:30-11:30am	\$60R/\$65NR
3305	18+	3/2-4/6	S	10:30-11:30am	\$60R/\$65NR

LOCATION: BRIDGECOURT ROOM



RESTORATIVE YOGA

Open to all levels of practitioners. The purpose is to create deep relaxation. Active enough for restless minds and relaxed enough for our tired bodies. Perfect for Friday! Unwind and let go...then off to enjoy the weekend. **Drop in fee: \$15.**

CLASS#	AGES	DATES	DAYS	TIMES	FEES
3307	18+	1/4-2/8	F	6:15-7:15pm	\$60R/\$65NR
3308	18+	3/1-4/5	F	6:15-7:15pm	\$60R/\$65NR

LOCATION: BRIDGECOURT ROOM

VINYASA FLOW YOGA

Vinyasa yoga (also called flow yoga) is influenced by the ashtanga yoga method, but is an open system where each class is unique. Movement is linked with breath. Postures are taught in sequences and each instruction is connected to breath (inhale, look up. Exhale, jump back) poses are held 5-20 breaths. **Drop in fee: \$15.**

CLASS#	AGES	DATES	DAYS	TIMES	FEES
3310	18+	1/6-2/10	Su	10-11am	\$60R/\$65NR
3311	18+	2/24-3/31	Su	10-11am	\$60R/\$65NR

LOCATION: BRIDGECOURT ROOM

AB BLAST!

Expect to lose inches and fat. Bring a towel and water. Students will receive meal ideas and recipes too aid in fat loss and a tighter core. **Drop in fee: \$15.**

CLASS#	AGES	DATES	DAYS	TIMES	FEES
3313	18+	1/7-2/11	M	6-7pm	\$80R/\$85NR
3314	18+	2/25-4/1	M	6-7pm	\$80R/\$85NR
3317	18+	1/5-2/9	S	9-10am	\$80R/\$85NR
3318	18+	3/2-4/6	S	9-10am	\$80R/\$85NR

LOCATION: BRIDGECOURT ROOM

BEGINNING QI GONG

Qigong is a well-being exercise. In this class you will learn gentle but powerful traditional Chinese exercises, self-massage and meditation to promote health, fitness, relaxation, mental clarity, improve stamina and treat specific health concerns. It will benefit those who have physical challenges as well as practitioners who are interested in Qigong movements. **Drop in fee: \$20.**

CLASS #	AGES	DATES	DAYS	TIMES	FEES
3277	18+	1/15-2/19	T	7:30-8:30pm	\$85R/\$90NR

LOCATION: SENIOR CENTER-UPSTAIRS ROOM

PILATES: MINDFUL CORE STRENGTHENING

Focus on breath, finding your core in a new way, reduction of back pain, alignment of the spine, lengthening and strengthening. Improve flexibility. Classes are conducted in a nurturing, supportive environment. **Drop in fee: \$15.**

CLASS #	AGES	DATES	DAYS	TIMES	FEES
3278	18+	1/15-2/19	T	6:30-7:30pm	\$80R/\$85NR

LOCATION: SENIOR CENTER-UPSTAIRS ROOM

Meet Your Instructor: Nicole Wong



Nicole is the founder of Cherry Hoops, one of the Bay Area's leading hoopedance companies. She was recognized as "Best of the East Bay" by the East Bay Express in 2010 and "New Hooper of the Year" by Hooping.org in 2008. Her highly effective instructional techniques are informed by her 10+ years as a professional in the field of education. She recently received her Ph.D. in Education from U.C. Berkeley.

Meet Your Instructor: Isabelita Papa



Isabelita is a certified Wild Goose Qigong teacher and has studied one-on-one with Master Hui Liu, a disciple of Grandmaster Yang Mei Jun, the 27th generation inheritor of the Taoist Medical Qigong System in the Kunlun Mountains of China. As a healer, Isabelita's experience includes more than 18 years of energetic, intuitive, combination of eastern and western bodywork. Isabelita has practiced and taught Qigong for 9 years. As a respected teacher and healer in the Bay Area and Hawaii, she is revered by her students for her expertise in spiritual curing modalities, Qigong classes and workshops.

HOOP DANCE

Join award-winning hoopedance instructor and performer, Nicole Wong for weekly classes this fall! Together, we will explore a wide variety of hoopedance moves and exercises that focus on technique and sequencing. We will strengthen our cores with challenging on-body moves, and we will tone our arms and shoulders with dynamic, off-body tricks. Hoopers of all levels are welcome. Beginners will be supported in learning foundational moves while more advanced hoopers will be nurtured in refining known moves, exploring transitions, and expanding their repertoires. Hoops will be available to borrow and for purchase. **Drop in fee: \$20.**

CLASS #	AGES	DATES	DAYS	TIMES	FEES
3246	18+	1/8-1/29	T	6:30-7:30pm	\$55R/\$60NR
3247	18+	2/5-2/26	T	6:30-7:30pm	\$55R/\$60NR
3248	18+	3/5-3/26	T	6:30-7:30pm	\$55R/\$60NR
3249	18+	4/9-4/30	T	6:30-7:30pm	\$55R/\$60NR

LOCATION: SENIOR CENTER-MAIN HALL

EMERYVILLE RECREATION PROGRAMS REGISTRATION FORM

Participant's Last Name	Participant's First Name	Birthdate (youth participants)	Gender (M/F)	Phone numbers
				Day/work:
Parent/Guardian's Last Name	Parent/Guardian's First Name			Cell:
				Home:

ADDRESS.....

CITY ZIP

EMERGENCY CONTACT

TELEPHONE (DAY) TELEPHONE (EVENING).....

Activity Sign-up: List each Participant	Class/Camp Name	Dates	Time	Fee
TOTAL FEES				

PAYMENT METHOD CASH CHECK (Payable to City of Emeryville)

CREDIT CARD Visa Mastercard AmEx

CARD NUMBER..... EXPIRATION DATE.....

BILLING ADDRESS.....

CREDIT CARD AUTHORIZED SIGNATURE

CITY OF EMERYVILLE WAIVER AND CONSENT AGREEMENT IN CONSIDERATION OF BEING PERMITTED TO PARTICIPATE IN THIS CITY ACTIVITY OR USE OF ANY CITY FACILITIES IN CONNECTION WITH THIS ACTIVITY, THE UNDERSIGNED AGREES TO THE FOLLOWING:

1. THE UNDERSIGNED HEREBY RELEASES, WAIVES, DISCHARGES AND COVENANTS NOT TO SUE THE CITY OF EMERYVILLE, ITS EMPLOYEES, OFFICERS AND AGENTS (hereinafter referred to as "Releasees") from all liability to the undersigned, his or her personal representatives, assigns, heirs, and next of kin for any loss, damage, or claim therefore on account of injury to the person or property of the undersigned, whether caused by any negligent act or omission, including gross negligence and/or willful disregard, of the Releasees or otherwise while the undersigned is participating in the City activity or using any City facilities in connection with such activity.

2. THE UNDERSIGNED HEREBY AGREES TO INDEMNIFY AND HOLD HARMLESS the Releasees from all liability, claims, demands, causes of action, charges, expenses, and attorney fees (including attorney fees to establish the releasee's right to indemnity or incurred on appeal) resulting from involvement in this activity whether caused by any negligent act or omission of the release or otherwise.

3. THE UNDERSIGNED HEREBY ASSUMES AND ACCEPTS FULL RESPONSIBILITY FOR ANY AND ALL LOSS, BODILY INJURY, DEATH OR PROPERTY DAMAGE while upon City property or participating in the activity or using any City facilities and equipment whether caused by any negligent act or omission of Releasees or otherwise. The undersigned expressly agrees that the foregoing release and waiver, indemnity agreement and assumption of risk are intended to be as broad and inclusive as permitted by California law and that if any portion thereof be held invalid, notwithstanding, the balance shall continue in full legal force and effect.

I hereby acknowledge that I have read the foregoing and that I am aware of the legal consequences of this agreement, including that it prevents me from suing the City or its employees, agents, or officers if I am injured or damaged for any reason because of participation in this activity. I further acknowledge that no oral representations, statements or inducements have been made to me.

IF THE PARTICIPANT IS A MINOR, I hereby warrant that I am the legal guardian or custodial parent of:

.....
Who is a minor, and agree on my own behalf and said minor's behalf to the terms and conditions of the foregoing agreement.

Signature Required:

Date:.....

(Participant signature or Parent/Guardian if under 18 years old)

PHOTO RELEASE: I acknowledge that the City of Emeryville takes photographs and videotapes of its activities and events for publicity purposes and authorize the use of my image or my child's image by the City for such purposes. I understand I will not be compensated for use of such photos or videos.

FAQ

WHY SHOULD I PRE-REGISTER FOR ACTIVITIES?

Almost all activities require pre-registration. Without pre-registration, our staff will not be able to have the correct supervision or supplies to make sure you have a great experience. Note: A few of our community/special events and senior activities do not require pre-registration. These will be noted in the activity/event description.

HOW DO I REGISTER FOR YOUTH, ADULT, AND SENIOR ACTIVITIES/EVENTS?

There are four (4) ways to register for activities/events in Emeryville:



ON-LINE

Please visit www.emeryville.org/activenet to register for almost any program! ActiveNet requires immediate payment, so make sure to have your debit/credit card or electronic check handy. Avoid wasting gas, paper, and time waiting in line...register online today!



WALK-IN

Register in-person weekdays at the Recreation Center (9:00am-6:00pm) or Veteran's Memorial/Senior Center (9:00am-5:00pm) for almost every activity and event. Be sure to bring your checkbook or credit/debit card too, fees are due in full to register for a program. If you also want to save time, please download a registration form from <http://www.emeryville.org> and pre-fill all of the activity information before you arrive.

FAX

Pick up or download a registration form and fax it to 510-596-4339 for youth/adult activities/events or 510-652-0933 for senior activities/events. Faxed registrations require full payment by credit/debit cards only.

MAIL

Cut out the registration form on the inside of the back cover, complete the registration form and sign the waiver, and mail the form with full payment to the Recreation Center, 4300 San Pablo Avenue for Youth Classes or the Senior Center, 4321 Salem Street for Adult/Senior Classes (both address are Emeryville, CA 94608).

WHY SHOULD I BECOME A MEMBER OF THE SENIOR CENTER?

Membership is only \$10 for residents, \$20 for non-residents, and entitles you to enjoy the many activities, events, and trips organized by the Senior Center. Members also receive 'The LINK', a monthly newsletter that gives up-to-date information that impacts seniors. Membership is open to residents and non-residents alike, so stop by the Senior Center to fill out the form or download it at <http://www.emeryville.org/seniorcenter>.

HOW DO I REGISTER FOR INFANT AND TODDLER/CHILD DEVELOPMENT CENTER ACTIVITIES?

The Emeryville Child Development Center (ECDC) only accepts walk-in registrations due to eligibility constraints. Eligibility for enrollment into ECDC programs is limited to families who live in Emeryville, work in Emeryville, or live with the 94608 zip code area of Oakland. Be prepared to fill out an application form when you visit and sign up for the monthly tour of the programs and facility. Please call the ECDC with any questions at 510-596-4343.

WHY WAS THE ACTIVITY CANCELED OR RESCHEDULED?

Due to low enrollment, instructor emergencies, weather conditions, or many other reasons, a class may be cancelled or rescheduled at any time. Staff attempts to limit these occurrences, but they are bound to happen. If an activity is cancelled or rescheduled, you will have the opportunity to join a rescheduled activity, join a different activity, or receive a full refund. Please allow four to six weeks for cash or check refunds to be processed. We sincerely apologize in advance for any inconvenience this may cause.

WHERE ARE THE ACTIVITIES LOCATED?

Activity locations are listed in each activity description. The addresses for these locations are as follows:

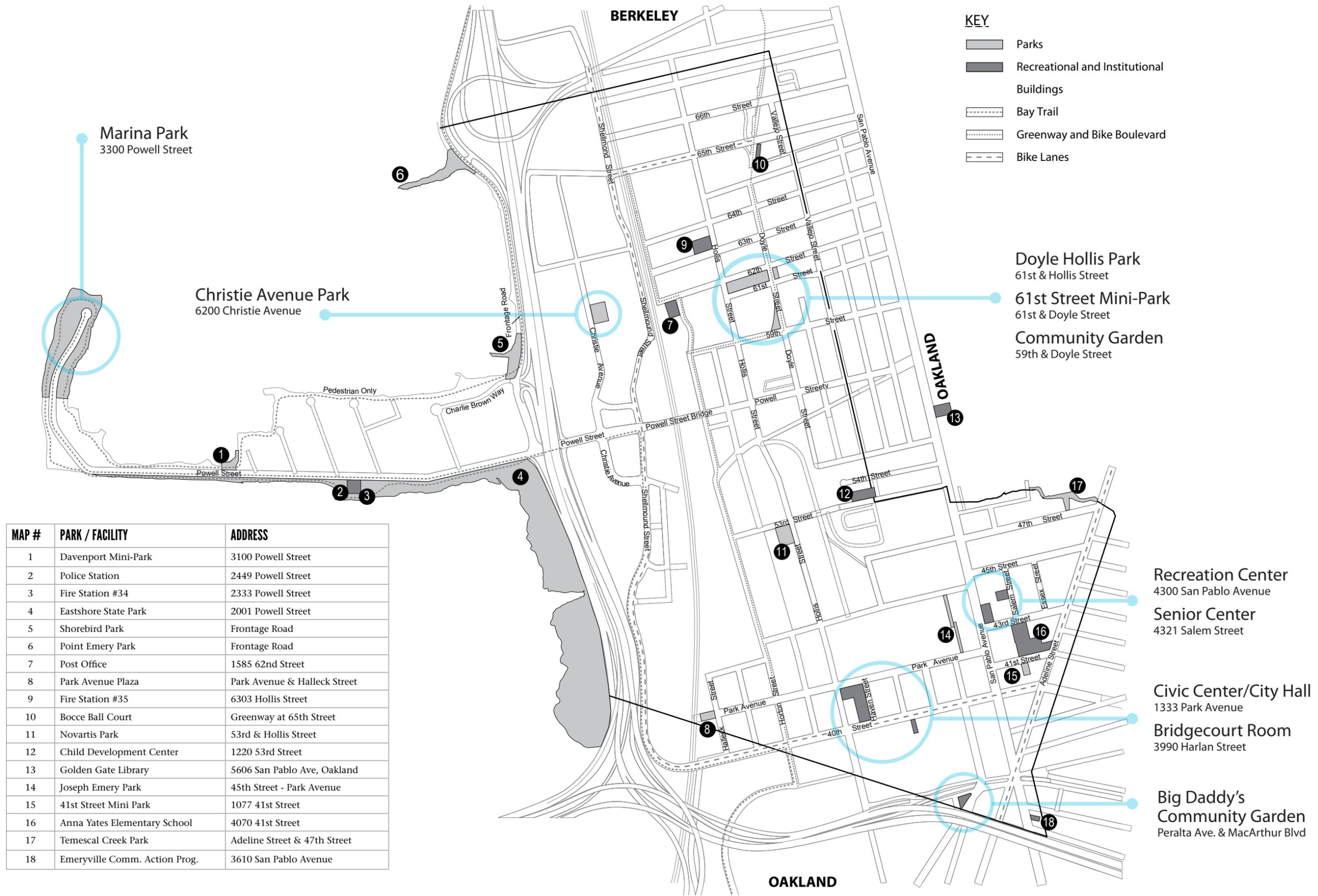
- Veteran's Memorial (Senior Center): 4321 Salem Street
- Recreation Center: 4300 San Pablo Avenue
- Bridgecourt Room: 3990 Harlan Street
- Child Development Center: 1220 53rd Street

WHO SHOULD I MAKE CHECKS PAYABLE TO?

Please make all checks payable to: The City of Emeryville.

WHAT CREDIT CARDS DO YOU ACCEPT?

Visa, Mastercard, and American Express.



- KEY**
- Parks
 - Recreational and Institutional Buildings
 - Buildings
 - Bay Trail
 - Greenway and Bike Boulevard
 - Bike Lanes

MAP #	PARK / FACILITY	ADDRESS
1	Davenport Mini-Park	3100 Powell Street
2	Police Station	2449 Powell Street
3	Fire Station #34	2333 Powell Street
4	Eastshore State Park	2001 Powell Street
5	Shorebird Park	Frontage Road
6	Point Emery Park	Frontage Road
7	Post Office	1585 62nd Street
8	Park Avenue Plaza	Park Avenue & Halleck Street
9	Fire Station #35	6303 Hollis Street
10	Bocce Ball Court	Greenway at 65th Street
11	Novartis Park	53rd & Hollis Street
12	Child Development Center	1220 53rd Street
13	Golden Gate Library	5606 San Pablo Ave, Oakland
14	Joseph Emery Park	45th Street - Park Avenue
15	41st Street Mini Park	1077 41st Street
16	Anna Yates Elementary School	4070 41st Street
17	Temescal Creek Park	Adeline Street & 47th Street
18	Emeryville Comm. Action Prog.	3610 San Pablo Avenue

EMERYVILLE CONTACT INFORMATION

POLICE/FIRE EMERGENCY..... 911

CITY COUNCIL (VOICE MAIL)..... 596-4376

CITY ADMINISTRATIVE OFFICES 596-4300

Business Licenses 596-4325

Bldg. Permits, Codes and Inspections 596-4310

Economic Development & Housing 596-4350

City Clerk 450-7800

City Manager 596-4370

FIRE DEPT. NON-EMERGENCY 596-3750

POLICE DEPT. NON-EMERGENCY 596-3700

Crime Hotline (Anonymous) 596-3784

Graffiti Hotline 596-3742

COMMUNITY SERVICES

Community Action Program 652-8422

County Mental Health Services 800-491-9099

Emery Unified School District 601-4000

Anna Yates Elementary School 601-4000

Emery Secondary School 601-4000

Emery Ed Foundation 601-4997

TRANSPORTATION

Emery-Go-Round FREE Shuttle 451-3862

AC Transit 839-2882

BART 465-2278

Travel Info 511

8-To-Go 596-3778

UTILITIES/SERVICES

Garbage/Recycling (WM) 430-8509

Environmental 596-3728

Public Works Maintenance 596-4341/4345

Gas/Electric (PG&E) 800-743-5000

Water (EBMUD) 1-866-403-2683

OTHER USEFUL NUMBERS

Emeryville Marina 654-3716

Emeryville Chamber of Commerce 652-5223

Golden Gate Public Library 597-5023

Emeryville Post Office 800-275-8777

TTY Relay 771

COMMUNITY SERVICES DEPT. STAFF DIRECTORY

ADMINISTRATION

Melinda Chinn, Director 596-4314

Cindy Montero, Rec Manager..... 596-3770

Kevin Laven, Admin Analyst 450-7813

Roselle Loudon, Program Coordinator ... 596-4353

CHILD DEVELOPMENT CENTER..... 596-4343

Diane Garcia Ortiz, Interim Manager 596-4348

Angela Williams, Subsidy Specialist 596-5367

RECREATION CENTER 596-4395

Darrell Hampton, Rec Supervisor 596-4317

Mattie Allison, Program Coordinator 596-4396

Tamika Wright, Rec Assistant 596-4322

SENIOR CENTER 596-3730

Brad Helfenberger, Rec Supervisor 596-3779

Allison Burnor, Program Coordinator 596-3730

Chauncey Anderson, Rec Assistant 596-3778

Michelle Rostampour, Nutrition Spec..... 596-4309



Shiny Happy People Laughing!

To email a staff member type the first name initial, then the full last name, and finish the address with @emeryville.org. For example, an employee named "John Doe" would be reached via email at: jdoe@emeryville.org.

All area codes are 510 unless otherwise noted.

BIRTHDAY PARTY PACKAGES



The Community Services Department is now offering a new and SUPER FUN way to host your child's next birthday party at one of three kid-friendly facilities! We will provide the facility, set-up and clean-up, decorations, cake, and much more! We will do everything we can to customize your event to make it a very special experience for your child and guests. Please note that all reservations are processed based upon the availability of staff and facilities.

Choose from one of the below packages and themes to make your child's birthday an event to remember:

HAPPY BIRTHDAY PACKAGE: \$150*

This package includes a two hour facility rental, general decorations, a birthday cake, and event set-up and clean-up.

FROSTING BIRTHDAY PACKAGE: \$190*

Includes everything in the Happy Birthday Package plus themed decorations and a program leader for one hour.

SPRINKLES BIRTHDAY PACKAGE: \$230*

Includes everything in the Happy Birthday Package plus themed decorations, goodie bags, and a program leader for one hour.

CHERRY ON TOP BIRTHDAY PACKAGE: \$270*

Includes everything in the Happy Birthday Package plus themed decorations, balloons, goodie bags, and a program leader for one hour.

THEMES:

Sports Mania, Crafty Kids, Superheroes Unite, Pretty Princesses, Hollywood, Under the Sea, Jungle Gym & Safari Adventure, Tot-tastic!

AVAILABLE TIMES:

Saturdays: 10:00am – 12:00pm or 1:00 – 3:00pm

BOOK YOUR PARTY TODAY!

Contact Youth Program Coordinator Mattie Allison at 510-596-4396 or at mallison@emeryville.org.

*Please note that the package prices are based on 20 guests. Each additional guest will incur a \$7 charge. Also note that there is a non-resident fee of \$35.





SPRING TIME YOUTH CARNIVAL AND EGG HUNT

A FREE event ideal for families with children ages 12 and under featuring:

- Multiple Egg Hunts! (Under 5, 6-8, & 9-12 Year Old Areas)
- Large Bounce Houses
- Awesome Spring Time Arts & Crafts
- Fun Carnival Games with Prizes
- Professional Balloon Twister
- Visit Ms. Bunny
- Face Painting
- Explore a Real Fire Truck and Police Car
- Sausages, Hot Dogs, Chips, Fruit, Juice, for Sale

Date: March 16th

Day: Saturday

Time: 12:00-2:00pm (Egg Hunt starts @ 12:30pm!)

Location: Marina Park (4000 Powell Street)



EMERYVILLE'S SHORTEST TRIATHLON EVER

This race is so short – even you can do it!

All proceeds benefit the Emery Unified School District Health & Wellness Programs... help Emeryville's kids get fit and learn lifelong sports skills!

WHO CAN DO A SHORT TRIATHLON?

- The whole family (all ages)! Any fitness level is encouraged to try their first triathlon.
- Use this to test your fitness level or set this event as a goal to get healthy!
- Seasoned triathletes, use this event to warm up for the triathlon season and have fun doing it!
- Can you beat the 'unofficial' world record of 15 minutes and nine seconds?

WHAT IS THE SHORTEST TRIATHLON EVER?

- 100 yard swim (in a warm, swimming pool)
- 2.5 mile bike (flat ride through Emeryville)
- 2.1 mile run (fun course through Bay Street)

Awards, giveaways, health & fitness faire, and outdoor breakfast following the race!

For more information and registration, please visit www.sportdrs.com.

Presented by the BOSS Foundation, City of Emeryville, Emeryville Chamber of Commerce, and Emery Unified School District.



Save the Date!
Saturday,
April 13, 2013
(Starts at 8:00am!)

WHAT IS THE SCHEDULE OF EVENTS?

6:30am Pre-Race at City Hall

- Registration and Check In at City Hall, 1333 Park Avenue.
- Cyclists will obey motor vehicle codes while making it the two blocks to the Emeryville Community Swimming Pool (bike racks at City Hall and Pool).

8:00am Race!

- Swim starts at Community Pool.
- Bike through Emeryville.
- Run through Bay Street and back to City Hall.

8:30am Post-Race at City Hall

- Health and Wellness Fair.
- Outdoor Breakfast.
- Chair massages, health assessments, yoga, juice bar, and more.
- Awards Ceremony at City Hall.



EMERYVILLE EARTH DAY CELEBRATION 2013 - SATURDAY APRIL 20

Join in the fun at Emeryville's largest community gathering to celebrate Earth Day 2013! The event takes place at the award winning, environmental educational Doyle-Hollis Park. The park and surrounding streets will be transformed into a unique Earth Day party. Highlights of the event include:

- Special environmental presentations and booths by local organizations such as the Sierra Club, City of Emeryville, etc.
- Live music and community performances on our large main stage.
- **NEW!** Juried recycled art competition with cash prizes – more details and entrance info available at www.emeryville.org/earthday/art.
- **NEW!** Pre-register to volunteer with your community in some 'greening' projects throughout Emeryville – more details and sign-up info at www.emeryville.org/earthday/projects.
- Visit 'green' vendors from all over the Bay Area to see the latest and greatest products and services that are saving our planet.
- Kids of all ages will enjoy a climbing rock wall, carnival games, and recycled arts and crafts.
- Sample a variety of local, organic street food.

Location: Doyle-Hollis Park, 1334 61st Street
Date: Saturday, April 20, 2013
Time: 11:00am to 3:00pm
Fee: FREE



EMERYVILLE SENIOR CENTER

**4321 Salem Street
 Emeryville, CA 94608
 510-596-3730**

Monday-Friday: 9am – 5pm
 (Starting May 3rd, the Center will stay open until 8:30pm on Fridays.)

Membership to the Emeryville Senior Center is only \$10 per year. Take a look at what you can get for just \$10 (\$20 for non-residents):

- Information and Referral
- Physical Fitness Classes
- Health Services
- 94608 Zip Code Area Shuttle
- Meals on Wheels
- Daily Hot Lunches
- Taxi Ride Reimbursements
- Day and Overnight Trips
- Discount BART Tickets
- Discount East Bay Paratransit Tickets
- Music, Theatrical, and Sporting Events
- Wi-Fi and Computer Lab
- Health and Enrichment Classes
- Tax Assistance
- Movies
- Billiards Room
- Arts and Crafts Classes

SPECIAL EVENT CALENDAR

JANUARY 18	6TH ANNUAL GUMBO COOKOFF
FEBRUARY 3	SUPER BOWL PARTY
FEBRUARY 8	BLACK HISTORY MONTH CELEBRATION
FEBRUARY 14	VALENTINE'S DAY DANCE
FEBRUARY 20	CHINESE NEW YEAR CELEBRATION
FEBRUARY 24	OSCARS PARTY
MARCH 20	TEA & TALENT DAY
APRIL 25-27	ANNUAL FLEA MARKET & CRAFT SALE

JOIN THE CENTER TODAY TO SEE ADDITIONAL SPECIAL EVENTS!



SPECIAL EVENTS

INTERESTED IN THE THEATER?

The Center receives free tickets to other shows, including ballets, concerts, and various other entertainment throughout the Bay area. Tickets are available on a first come first serve basis and are available to members only—so join the center today!

“WII” INVITE YOU TO PLAY AND ENJOY THE SENIOR CENTER

You are invited to play Ping Pong, Billiards, Nintendo Wii Sports and Fit, Bingo, and other games to promote mental and physical fitness. Call the center today to form a new club to help us continue “to promote healthy aging and contribute to the physical and emotional well being of older adults in our community.”

MONTHLY DINE AROUND

Meet for lunch at 12:15pm on the third Thursday of the month at a local restaurant, or go out of town on the “Go Van Go” bus. You are responsible for the price of your own meal and tip. Dates, times, and locations for the Monthly Dine Around are listed in the monthly “LINK.” Visit the Senior Center or www.emeryville.org for more information.

DATES	PLACE
January 17	Ikaros
February 21	Pican
March 21	Oliveto
April 18	Lark Creek Inn

ART AND MUSEUM LOVERS GROUPS

Art and Museum trips are scheduled to take advantage of the best and most exciting exhibits in the Bay Area. Trip fees include transportation and excursions are planned that coincide with the museum’s FREE days as much as possible. There may be an additional charge for special exhibit entrance, which will be included in the trip cost.

FRIDAY CLUB

The Friday Club continues to evolve into the “Hot Spot” in Emeryville. The Friday Club is held every Friday, but once a month the club enjoys a special line-up. These special days have included gumbo cook-offs, outdoor picnics, Wii competitions, baking contests, casino days, and much more.

FRIDAY “NIGHT” CLUB

Get out and enjoy the night life like you used to every Friday night! Enjoy an evening of socializing with friends, playing the Wii, surfing the web, playing board games, or just “hanging out”. Free refreshments and dinner options make this a perfect place to kick off the weekend. Friday Night Club is from 5-8:30pm every Friday starting May 3rd, 2013.

FRIDAY MOVIES

The center strives to provide the best entertainment and continue to offer the most current movies, award-winning series, and documentaries. Movies are shown every Friday at 1:00pm. Our projection system makes you feel like you are at the movies! While watching the movie, enjoy popcorn, a drink or other treats courtesy of the center. Don’t like our selection of movies? Please submit your suggestions or volunteer to be one of our “Movie Critics” that select the movie you feel other members would enjoy. Call the office to volunteer for this fun position.

Link Up!
Members of the Senior Center receive our monthly newsletter the LINK, which gives you up to date information about activities and events at the center.



SENIOR TRAVEL CLUB

Our popular travel club for older adults offers fun, casual day and overnight trips. See the list on the right for our fall adventures.

IMPORTANT INFORMATION:

- Most trips depart from the Emeryville Senior Center, 4321 Salem Street, Emeryville.
- Trips are escorted by dependable trip escorts or staff.
- Fees are due in full at time of registration. Checks payable to the City of Emeryville. We also accept Visa, Mastercard and American Express.
- Trip fees include transportation.
- Transportation is provided by our 22-passenger bus or charter buses, depending on the number of registrations.
- Fees may be required for entrance and or lunch on some scheduled trips, which you will pay directly to the vendor.
- Cancellation Policy – Trip refunds will be considered only with a ten (10) business day prior notice to the departure date or if a replacement can be found. Some exceptions may apply at the discretion of the Adult Services Supervisor or Youth and Adult Services Manager.

THIS IS JUST A PREVIEW OF A FEW OF OUR GREAT TRIPS. FOR A FULL TRIPS LIST, JOIN THE CENTER TODAY!

FREE TRAVEL PRESENTATION: DOMESTIC & INTERNATIONAL GROUP TOURS FOR 2013

Why sit at home watching travel programs on TV, when you can experience the real thing! If you seek new adventures, are curious about other cultures and love meeting new people, we’ve got a fascinating new line-up you won’t want to miss! Find out how hassle-free we can make traveling for you. Join us for a special slide & video presentation highlighting exciting trips to Canada, Italy, New England, South Africa, The French Riviera and more! Please feel free to stop by the Senior Center today to pick-up color brochures with complete day-by-day trip itineraries before the presentation.

DATE	DAY	TIMES	LOCATION
1/22	T	10am	Billiards Room

“...a note of thanks for the day trip last week to Locke/Isleton with my 92 year young mom. We both had a terrific time and wanted to extend a sincere thanks to you and the Emeryville Senior Center Staff who coordinated all of the efforts and the behind the scenes duties to make everything seamless for us. In closing, thanks so very much for a beautiful learning experience and a photo opportunity.”

–Testimonial on a recent Senior Center organized trip

EXCURSIONS FOR SENIORS:

JANUARY TRIPS

- Palm Springs (4 Nights)
- Colusa Casino
- Dine Around: Ikaros
- Jewish Contemporary Museum
- Kendall-Jackson Wine Tasting
- Beach Blanket Babylon
- Harlem Globetrotters
- Livermore Outlets

FEBRUARY TRIPS

- Reno Snow Train (2 Nights)
- ACT: A Street Car Named Desire
- Asian Art Museum
- Monthly Casino Trip
- Dine Around: Pican
- Petaluma Outlets
- De Young Museum
- Tour of Alameda

MARCH TRIPS

- ACT: Dead Metaphor
- Monthly Casino Trip
- Fenton’s Creamery
- Museum Trip
- Dine Around: Oliveto
- Stanford Shopping Center
- SF MOMA
- De Young Museum

APRIL TRIPS

- ACT: Stuck Elevator
- Napa Wine Tasting
- Great Mall
- Museum Trip
- Alvin Ailey
- Asparagus Festival
- Dine Around: Lark Creek Inn
- Disney Museum

Dates and trips may change so please join the center to get the most current and updated information on trips and events from our Newsletter.



TRANSPORTATION: GETTING AROUND THE BAY AREA

MEASURE B TRANSPORTATION PROGRAMS: 8-TO-GO SHUTTLE AND TAXI REIMBURSEMENT PRESENTATIONS

Join us for one of these presentations if you are new to the program, need assistance filling out applications, or require assistance with reimbursement paperwork. This program is funded by the Alameda County Transportation Commission through Measure B funds. The next informational meetings will be held:

DATES	DAYS	TIMES
2/20	W	1pm
4/9	T	10am

BART TICKETS

Discount tickets for adults age 65 and older. \$9.00 for \$24.00 worth of rides. We now also carry discounted tickets for people under the age of 65 with disabilities.

EAST BAY PARATRANSIT TICKETS

Available to Emeryville Residents only. Must meet eligibility requirements. Assistance is available with applications for East Bay Paratransit ADA rides.

AARP 55 ALIVE DRIVER CERTIFICATION COURSES – 8-HOUR CERTIFICATION CLASS AND 4-HOUR REFRESHER CLASS

AARP driving classes provide a comfortable setting for older adults (ages 50 and older) to help protect you and improve the roads for everyone. Participants who complete the course earn a certificate and may be eligible for a discount on their car insurance.

Advanced registration required. Call the Center at 510-596-3730 to reserve a space.

Fee: \$12 AARP Members / \$14 non-AARP Members.

8-HOUR CERTIFICATION COURSE

DATES	TIMES
2/19 & 2/21	12:15-4:30pm
4/16 & 4/18	12:15-4:30pm

4-HOUR REFRESHER COURSE

DATES	TIMES
1/31	12:15-4:30pm
3/19	12:15-4:30pm



8-to-Go On-Demand Shuttle Service

Transportation for Seniors and People with Disabilities in Emeryville and Oakland

WHAT IS '8-TO-GO'?

The '8-To-Go' is an on-demand shuttle service for everyone ages 60+, or people ages 18-59 who have a disability, living in the 94608 zip code area. Once enrolled in the program, users just place a call to set-up your travel itinerary and location, it's that simple! Travel is limited to locations to and from the 94608 zip code area (which is all of Emeryville and portions of North and West Oakland including MacArthur BART, Kaiser, Sutter and more).

WHY SHOULD I USE '8-TO-GO'?

This service is intended to help seniors and people with disabilities travel within the local 94608 area. Whether it's a trip to the senior center, grocery store, favorite restaurant, medical appointment, or religious services, '8-To-Go' will provide the personalized service and attentiveness not found in other transportation services.

HOW DO I FIND MORE INFO OR SIGN-UP FOR IT?

Contact the Emeryville Senior Center by phone (510-596-3730), visit us online (www.emeryville.org) or in-person (4321 Salem Street, Emeryville) to fill out an '8-To-Go' application and receive the rider's guide. Once confirmed in our system, you will receive the direct reservation line that enables you to start using '8-To-Go' at your leisure!

THE '8-TO-GO' SHUTTLE SERVICE IS BROUGHT TO YOU BY:

- City of Emeryville
- Emeryville Transportation Management Assoc.
- Alameda County Transportation Commission: Your Measure B tax dollars at work!

CLASSES AT THE SENIOR CENTER

Have an idea for a new class or instructor not in our current class lineup? Are you interested in sharing your skill or talent at the senior center? Contact Adult Services Supervisor Brad Helfenberger at 510-596-3779, bhelfenberger@emeryville.org or let one of our center staff know in person!

MONDAY			
TIME	CLASS	INSTRUCTOR	FEE
9:00am	Beginning Computer Class	Peter & Sharon Lee	Free for ESC members
9:00 - 10:00am	Tai Chi	Judy Jamerson	Free for ESC members
10:00 - 11:30am	Coffee and Current Events	Gene Weinstein	Free for ESC members
10:15 - 11:15am	NIA	Angie Spector	Free for ESC members
10:30 - 11:30am	Physical Fitness	Geraldine Washington	Free for ESC members
11:15am - 12:15pm	Pilates	Angie Spector	Free for ESC members
1:00 - 2:30pm	Posture Oriented Wellness (POW)	Amy Aldrich	Free for ESC members
1:00 - 2:00pm	Feldenkrais	Juanita Oribello	Free for ESC members
1:00 - 3:00pm	Bingo	Various	\$3.50 for 3 cards, 10 games and Blackout
TUESDAY			
9:15 - 10:00am	Light Weight Training	Diane Newton	Free for ESC members
10:00 - 11:00am	Beginning Tap Dance	Diane Newton	Free for ESC members
11:00am - 12:00pm	Intermediate Tap Dance	Diane Newton	Free for ESC members
11:30am - 12:30pm	Guitar/Folk Singing	Terry Lee	Free for ESC Members
1:00 - 3:00pm	Mah-Jong	Terry Lee	Free for ESC Members
WEDNESDAY			
9:30 - 10:30am	Yoga	Sally Maxwell	Free for ESC members
9:00 - 10:00am	Beginning Line Dancing	Novella Peterson	Free for ESC members
10:00am - 12:00pm	Soul Line Dancing	Ray Johnson	Small donations accepted
10:45am - 12:00pm	Beginning Dayan Qi Gong	Isabelita Papa	Free for ESC members
12:15 - 3:00pm	Painting and Drawing	Marjorie Wagner	Free for ESC members
1:00 - 3:00pm	Creative Writing Group	Ken Coleman	Free for ESC members
1:00 - 3:00pm	iPad Club (meets twice each month)	Charles Kilgore	Free for ESC members
THURSDAY			
9:00 - 11:00am	Cooking Around the World (2x/mth)	Mindy Myers	Free for ESC members
9:15 - 10:00am	Light Weight Training	Diane Newton	Free for ESC members
10:15 - 11:30am	Rosen Method Movement Class	Lislotte Mariscal	Free for ESC members
10:30 - 11:30am	Zumba	Diane Newton	Free for ESC members
1:00 - 3:00pm	Knitting & Crochet Classes	Kim Huhta	Free for ESC members
1:30 - 3:30pm	Quilting (meets 1x/month)	Susan Hackett	Free for ESC members
FRIDAY			
9:00 - 10:00am	Yoga	Ashley Carroll	Free for ESC members
10:30 - 11:30am	Dayan Qi Gong	Susan Carpendale	Free for ESC members
1:00 - 2:30pm	Beginning Argentine Tango Dance	Ivan Shvarts and Guest Instructors	Free for ESC members
2:30 - 4:00pm	Practical Tango	Ivan Shvatts	Free for ESC members



**UNDER 50?
YOU CAN STILL ENJOY
THESE CLASSES FOR
A \$7 PER CLASS FEE.**

**ALL CLASSES
ARE HELD AT THE
SENIOR CENTER**

Classes are partially funded by Alameda Agency on Aging.

Emeryville Senior Center • 4321 Salem Street • Tel: 510-596-3730 • www.emeryville.org/senior

HEALTH CHECK UP AND FOOT CARE

A geriatric nurse practitioner from the 60+ Health Center provides bimonthly foot care, diet and medication review, and blood pressure checks at the Senior Center. Free for members.

DATES	DAYS	TIMES
1/30	W	9-11am
3/27	W	9-11am

FINANCIAL ADVISING

Do you need help managing your retirement finances? Lan Shaw, a financial advisor with Edward Jones, offers free financial advising on the third Friday of each month from 10am-12pm. Walk-ins are welcome, no need to make an appointment.

Continuing Services

CONNECTIONS

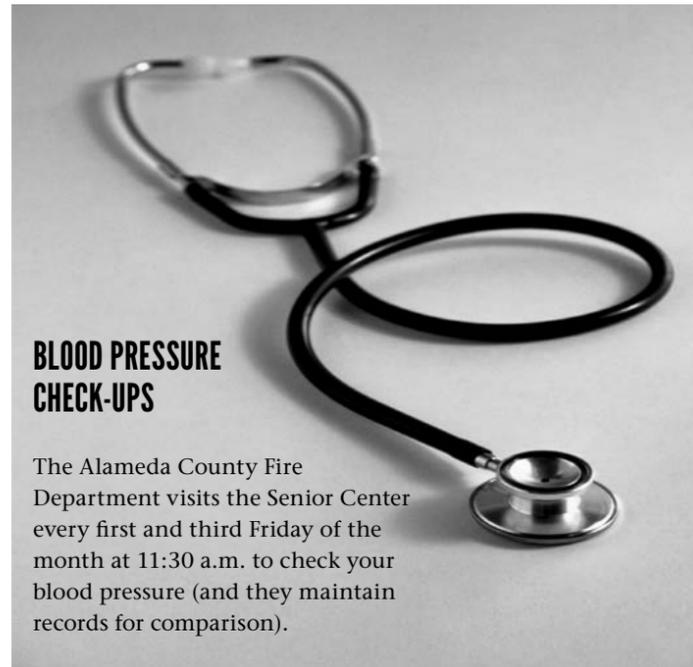
Information and referral to help older adults and their families meet their needs by accessing community resources and professional services, assistance with senior housing, renter/homeowner tax refunds, referrals for housekeeping, financial advice, food stamp information, shopping and escort services, complaint resolution, forms and documents; long-term care planning, including pre-placement assessment. For more information, please call 510-596-3770.

HEALTH INSURANCE COUNSELING AND ADVOCACY PROGRAM (HICAP)

Unbiased assistance and information on long term care, Medicare, supplements to Medicare and HMOS. Offered every third Tuesday of the month by Legal Assistance for Seniors' HICAP volunteer, Paul Lee. Please call the center at 510-596-3730 for an appointment.

HOME DELIVERED MEALS

For home-bound older persons, 60 and over residing in Emeryville. Monday-Friday and weekends by special arrangement. Suggested donation of \$3.00 per meal. For more information, call 510-596-4309.



BLOOD PRESSURE CHECK-UPS

The Alameda County Fire Department visits the Senior Center every first and third Friday of the month at 11:30 a.m. to check your blood pressure (and they maintain records for comparison).

EMERYVILLE TRI-CITY CAFÉ HOT LUNCH PROGRAM

The center offers a hot pre-packaged meal daily in our main auditorium. The meals are provided by Project Open Hand focusing on using low fat and sodium ingredients. This is a self serve lunch which runs Monday-Friday beginning at 11:45 a.m. Suggested Donation for the meal is \$3.00 for adults 60 years and over and \$5.00 if under 60.

Volunteer Opportunities

Volunteer contributions enhance the Senior Center services and provide a unique perspective of the many services offered.

- Newsletter Assembly – Third Tuesday of the month, 9:30-11:30am
- Brown Bag Program – First and third Thursday of the month, 9:00-10:00am
- Meals-on-Wheels Delivery – Every week-day, 11:30am-12:30pm
- We are also seeking skilled Teachers, Special Event Assistance, Trip Escorts, and Greeters/ Orientation Providers!

If you can help or you would like more information on volunteering, please call 510-596-3730 today!

EMERYVILLE'S HOMEBUYER PROGRAMS

- Did you know that the City has the CalHome Program that provides deferred-payment loans at a 3 percent simple, fixed interest rate up to \$58,000 to low-income, first-time homebuyers purchasing market-rate units in Emeryville, with only a 3 percent down payment required? In February, the program was expanded to cover the entire City.
- Did you know that the City has been awarded new CalHome Program funds for low-income first-time homebuyers to purchase and rehabilitate homes and for low-income owner-occupants to rehabilitate their homes in Emeryville?
- Did you know that there are Below Market Rate (BMR) units sold at below market rate prices in Emeryville to very low through moderate income households?

To obtain more information about BMR units for sale, BMR requirements and eligibility, and to obtain more information about the City's homebuyer loan programs, visit the City's Economic Development website at emeryville.org/homebuyer or contact Michelle DeGuzman at 510-596-4357 or mdeguzman@emeryville.org.

To obtain information about the City's rehabilitation loans, contact Catherine Firpo at 510-596-4354 or cfirpo@emeryville.org.



Buy a House or Condo Today!

Enter Our "Misprint" Reward Raffle and Help Improve the Guide

The Community Services Department makes a few mistakes and misprints in every activity guide produced. This is for the enjoyment of our people who spend their leisure time 'proofing' advertisements and for entertainment of all who enjoy a funny 'typo'. If you are lucky enough to be the first to report a mistake, misprint, or typo, please contact Administrative Analyst Kevin Laven at klaven@emeryville.org to get entered in a 'misprint' reward raffle and help improve future versions of the guide!



Did You Know?



Soldiers, sailors, defense workers, truck drivers, and an assortment of characters assembled on San Pablo Avenue during the 1940's, creating a honky tonk district where the young and restless sought late night entertainment. The center of this wild avenue was the El Ray Burlesk Theater, on the border of Emeryville and Oakland near 35th Street. Patrons came from as far away as Europe and the Middle East to see the El Ray's (and arguably the worlds) most famous burlesque superstar, known as Tempest Storm. She commanded a \$2,000/week salary and went on to great fame across the world, becoming a Hollywood actress and performing in New York's prestigious Carnegie Hall. The El Ray Burlesk Theater was demolished in 1957 to make way for the MacArthur Freeway.

WINTER BIKE RIDING IN EMERYVILLE – STAYING SAFE AND DRY

The days are getting shorter and winter rains are on their way. For some, this means that bike riding season is over, but for many, it just means it's time to be extra careful when they ride. The City of Emeryville encourages our community to "keep on riding" to help cut down on pollution, auto traffic congestion, and to stay physically active and healthy! Below are two areas to pay attention to for the winter riding season:



Always sport your lights at night!

RIDING AT NIGHT

Bicyclists should always obey traffic laws and ride defensively—which includes assuming a car doesn't see you unless you've made eye contact with the driver. But earlier sunsets introduce a few extra concerns. Here are a few ways to make sure you're staying safe as you ride through the winter:

- Always have bike lights, front and back. Legally, only a rear red light is required, but also having a white light on the front of your bike is a great way to stay visible. Side lights can also make you more visible when crossing intersections. As sunset comes earlier and earlier, don't get caught out without a light—always have them with you!
- An earlier sunset means that rush hour drivers now have the setting sun in their eyes as they drive west. Keep this in mind when crossing west-bound traffic, and always make sure drivers can see traffic lights and you before crossing into their lane.

RIDING IN WET WEATHER

Most people think biking in the rain sounds unpleasant, but in reality it can be quite peaceful, and is a great way to continue to enjoy the outdoors during the rainy season. The key is staying dry. Proper rain gear, including jackets, pants, boots and gloves, can change a ride from soggy and chilling to cozy and fun. These rain gear items can be purchased at any outdoors or sporting goods store.

When riding in the rain, be sure to allow extra time for breaking and maneuvering, for both yourself and the cars and bikes around you. The first rain of the season makes the roads especially slippery, as it washes away all of the oils and greases accumulated on the road over the summer. After the first rain, the first fifteen minutes of any rain event should be considered the "extra slippery time" and be given extra care.



Proper rain gear can make rain riding practical and fun.

STAY CONNECTED!

Sign up to be automatically emailed City Council, Successor Agency, Planning Commission meetings or the E-NEWS, the City's electronic newsletter through the City's website homepage: <http://www.emeryville.org> under "Notify Me."



CITY COUNCIL TO CONSIDER REVISED PLANNING REGULATIONS THIS WINTER

A hearing on the revised Planning Regulations (also known as the Zoning Ordinance) is tentatively scheduled for January 15th at the City Council's 7:15 meeting at Old Town Hall, 1333 Park Avenue at Hollis Street. The second reading is scheduled for February 5th, and the new regulations are expected to take effect on March 7th.

What's new in the draft Planning Regulations?

PARKING

- Flexible parking requirements
- Reduced parking requirement near transit hubs
- Unbundling parking from sale or lease of residential units
- Single standard parking space size

STAFF APPROVALS OF MINOR CHANGES

- Some conditional use permits and exceptions to standards
- Secondary residential units that meet certain criteria
- Signs within sign budget based on frontage
- Subdivisions of four lots or fewer

DEVELOPMENT STANDARDS

- Height and density bonus points for public benefits
- Open space and landscaping requirements
- Standards for pedestrian access, recycling and lighting
- Rules for telecommunication antennas
- Design standards for streets and paths in subdivisions

LAND USES AND ZONING DISTRICTS

- Updated use classifications
- Light and heavy industrial zones

To find out more, contact Diana Keena, Associate Planner, at 510-595-4335, dkeena@emeryville.org, or visit www.emeryville.org/zoningupdate.



September's Community Meeting on the new Planning Regulations.

MEET OUR NEWEST MISPRINT AND MISTAKE WINNER: CATHYN FAN

Cathyn lives in nearby Oakland and teaches Pilates to the employees at Monsoon Commerce (headquartered in Emeryville), which among offering solutions for online merchants, owns and operates Alibris, an online marketplace for independent book, movie, music, and video sellers. Cathyn gladly received a \$30 gift card to Hot Italian Pizzeria, located in the new look Public Market in Emeryville. Cathyn loves reading to guide to find out what's happening in Emeryville.

You too can win a delicious free meal in Emeryville simply by reading the guide. Find a mistake, submit it to klaven@emeryville.org, and you'll be entered in the next raffle!





Help Control Unwanted Mail & Phonebooks

HELP EMERYVILLE TACKLE WASTE BY CONTROLLING UNWANTED MAIL AND PHONE BOOKS

More than 80 billion pieces of unsolicited mail are received by Americans each year...and municipalities like Emeryville and citizens like you foot the bill for waste collection, recycling, and disposal of this unwanted mail. To combat unwanted mail, the City of Emeryville has joined forces with communities across the country to debut a zero-waste initiative that will allow consumers to stop unwanted phone books, catalogs, coupons and credit card solicitations at the source. The free service, designed by Catalog Choice, a TrustedID company and the nation's leading mail preference service, will help

Emeryville shed millions of pounds of waste and thousands of dollars in costs, one mailbox at a time.

Emeryville residents and businesses can sign up for the free mail preference program at <http://emeryville.catalogchoice.org>. For more information, contact Peter Schulze-Allen at 510-596-3728 or pschultze-allen@emeryville.org.

NEW PARKS AND RECREATION ADVISORY COMMITTEE ESTABLISHED IN EMERYVILLE!

The Parks and Recreation Advisory Committee was established on October 2, 2012 to make recommendations to the City Council on matters relating to the City's recreation programs, cultural events and activities; public use of parks; development of new parks, and enhancements to existing parks and recreation facilities as outlined in the Park and Recreation Strategic Plan. The Committee's membership consists of one City Council members, one Emery Unified School District (EUSD) appointee, one Planning Commission member, one Commission on Aging member, one youth representative (Emeryville resident, EUSD student, or City recreation program participant), two Emeryville residents, and one business representative. Terms are set as two years, with some of the initial member terms being set to end after one year in order to establish staggered terms. The Committee's regular meeting dates and location will be set at the first meeting. For further information about the Parks and Recreation Advisory Committee, contact Melinda Chinn, Community Services Director, at mchinn@emeryville.org or 510-596-4314.



Help Emeryville Decide Future Events and Programs

HOLIDAY CRIME PREVENTION TIPS

It is almost that time of year again and while we may be tapping into our inner Santa, it's the Grinches around the city that are going to try to ruin your holidays. This is why the Emeryville Police Department has the following crime prevention tips for you.

- Keep all valuables out of plain view. Lock purchases in your trunk when in your car or keep them hidden away at home so people can't see them through your windows.
- When using your credit card, keep track of your purchases. Often people don't realize that fraud has occurred until they get the statement after the first of the New Year.
- When dining out, be aware of your surroundings. Crooks know that diners tend to spend more and carry more cash during the holidays.
- Avoid parking in poorly lit areas and try not to walk alone.
- Keep your wallet in your front pocket or your purse strapped across your body with the flap towards you.
- Teach children about "Stranger Danger" and who they can go to for help if they get separated from you. Children should know their full name, address, telephone number, and parent's/guardian's full name to give to police, a store clerk, or security if they get separated from you.
- Be aware of scams as crooks may pose as solicitors. If someone approaches you in a parking lot trying to sell you a TV, laptop, or something similar, it's probably stolen or it's not even in the box they are showing you.
- When you leave your home for extended holiday travel, have a neighbor or friend watch your home while you're away. Have them collect your mail and newspapers while you're gone.
- Be cautious about locking your windows and doors even when you leave the house for a short period of time.
- If you are going to consume alcoholic beverages, plan to have a designated driver or use public transportation. Never drink and drive.
- Pre-program the non-emergency phone numbers of the police departments you usually drive near or visit. An example is if you call 911 from a cellular phone carrier in Emeryville, your call will be sent to the Vallejo CHP Offices, which then would route

the call to Emeryville Police, resulting in a delay in response. Emeryville's non-emergency number is 596-3700, so program this now in your cellular phone!

For more tips, feel free to email Administrative Sergeant Brian Head at 510-596-3700 or bhead@emeryvillepolice.us.

EMERYVILLE WELCOMES NEWEST OFFICER TO THE FORCE!



Welcome Officer Patterson

Officer Joshua Patterson was hired to the Emeryville Police Department as the city's newest Patrol Officer. Officer Patterson comes to Emeryville from the City of Draper (Utah) Police Department, where he was a Patrolman and SWAT team member. When looking to relocate to California, Officer Patterson applied with only one agency, Emeryville. His dedication to our hiring process and glowing recommendations made Police Chief Ken James's decision easy. Officer Patterson enjoys many sports and is an avid outdoorsman. If you see him in your neighborhood, make sure to wave hi or introduce yourself. He is looking forward to meeting the community and dedicated to making Emeryville a safe place to live and work.

EMERYVILLE'S ELEMENTARY SCHOOL SHINES IN STATE TESTING!

The Emery Unified School District received great news in October that its K-8 grade elementary school, Anna Yates, bucked the trend of most urban school districts in California by increasing student enrollment and exceeding State Academic Performance Index (API) testing goals, an important measurement of academic success. Anna Yates Elementary School students exceeded its 2012 API test targets with an overall API score of 815 from 780 in 2011!



Urban Achievers!

Superintendent Dr. Debbra Lindo responded by stating, "The students, staff and community deserve all the credit. In spite of devastating Sacramento budget cuts, our teachers' passion for continuous improvement is motivational and gets the results our parents expect and our students deserve. Our extraordinary family of teachers, staff, parents, and students and our phenomenal community that cares deeply for its children and families proves that, Partners really do power student success!"

Need Help? Call 2-1-1 Anytime

2-1-1 gives you free information over the phone about housing, health and social services throughout Alameda County.

2-1-1 has information to help you find...

- Affordable housing
- After school programs
- Tenants' rights assistance
- Public assistance programs
- Emergency shelters
- Hot meals and food programs
- Rental and utility assistance
- Services for battered women
- And more!

Simply Dial 2-1-1

2-1-1 is available 24 hours a day, 7 days a week, 365 days a year in multiple Languages and TTY.

2-1-1 is available through all cell phone carriers; although airtime charges may apply.

If 2-1-1 is temporarily unavailable on your phone, please call 1-888-886-9660 as an alternative.

EMERYVILLE'S PUBLIC SCHOOLS WANT YOU!

The Emery Unified School District is committed to provide to each student a rigorous education in a welcoming, safe school environment that supports student learning through tolerance, respect, and engagement with people from difference cultures, backgrounds, and beliefs. We strive to provide a strong educational foundation for students in all core academic areas. Our students are challenged to think critically, problem solve, and collaborate. Our goal is to provide a solid academic and social foundation for students that will enable them to qualify and be prepared for college and post-secondary opportunities. We are currently enrolling new students for the 2012-13 school year (pending space availability) and for the 2013-14 school year. For enrollment information, please contact the school directly.

ANNA YATES ELEMENTARY SCHOOL	EMERY SECONDARY SCHOOL
Grades K-8 1070 41st Street Emeryville, CA 94608 510-601-4918	Grades 9-12 915 54th Street Oakland, CA 94608 510-601-4963

REQUIRED INFORMATION NEEDED TO ENROLL INTO EUSD SCHOOLS:

- Student's Birth Certificate
- Student's Immunization Records
- Student's most recent report card (if transferring)
- Student's official high school transcript for Grade 9-12 (if transferring)
- Parent/Guardian's Photo Identification
- Two proofs of Emeryville residency for the Parent/Guardian (e.g. - Photo ID, Utility bills from PG&E, EBMUD, Cable TV, etc.) or an Inter-District Transfer (IDT)



Did You Know?



Emeryville's original town hall was completed in 1903...and still stands today and used as a part of the Emeryville Civic Center

STEPS TO ENROLLMENT INTO EUSD SCHOOLS:

- Complete an enrollment application for each student. Applications are available at each school and online at www.emeryusd.org
- Visit the schools! Introduce yourself and your child to our principals, counselors, office staff, teachers, and students. To schedule a tour, call the school site directly.
- Get acquainted and involved in our school community! Attend special events (athletic games, family nights) and attend a Parent Teacher Organization meeting.

STEPS TO INTER-DISTRICT TRANSFERS (IDT) INTO EUSD

- Obtain an Inter-District Transfer (IDT) from the school district in the city where you live (if living outside of Emeryville)
- Students who have approved IDTs from their home school district are invited to enroll as transfer students in Emery Unified School District based on the availability of appropriate educational programming and space. Preference is extended to the siblings of currently enrolled students, the children of EUSD employees, and parents/legal guardians who are employed in Emeryville.

Did You Know?

From 1932-1936, walk-a-thon contests were all the rage and a quite popular one was held in the abandoned "Fisher Body Company" next to the Emeryville City Hall on Park Avenue. The brick factory building was converted to a modern, well-lighted auditorium surrounded by bleachers to host the events. The contests would go on 24 hours a day and featured vaudeville floor shows and orchestras to provide additional entertainment.



THANK YOU CITY OF EMERYVILLE ADVISORY BODY VOLUNTEERS!

Emeryville Oversight Board

Patrick O'Keefe, Staff Liaison
Jennifer West, Chair and Councilmember
Joshua Simon, Vice Chair
Helen Bean
Aisha Brown
Ronald Gerhard
John Gooding
Greg Harper
2nd Tuesdays, 5:30pm, City Hall

CITY COUNCIL SUB-COMMITTEES

City/School Committee

1st Thursdays, 5:30pm, Emery Unified School District Offices

Community Preservation Committee

3rd Thursdays in January, April, July, and October, 11:00am, City Hall

Public Safety Committee

1st Thursdays, 9:00am, Police Station

Public Works Committee

3rd Thursdays; 9:00am, City Hall

Technology Committee

4th Wednesdays in January, April, July, and October, 10:00am, City Hall

Transportation Committee

4th Tuesdays, 9:00am, City Hall

COMMUNITY ADVISORY BODIES (PERMANENT)

Bicycle/Pedestrian Advisory Committee

Peter Schultze-Allen, Staff Liaison
Laura McCamy, Chair
Jac Asher, Councilmember
Ruth Atkin, Councilmember

Betsy Cooley
Brian Donahue
Celeste Burrows
David Kritzberg
Heather Ashcroft
Racheljoy Rodas
Ryan Stahlman
Scott Donahue
Sean Moss
Svante Rodegard
Tom Modic
1st Mondays, 5:30pm, City Hall

Child Development Center Advisory Committee

Mary Anne Doan, Staff Liaison
Brian Carver, Chair
Nora Davis, Councilmember
Jennifer West, Councilmember
Amy Simpson
Kirsten Walraven
Mark Kelley
Miguel Dwin
Mira Roseman
Ruth Major
Trang Le-Rabago
4th Wednesday, 5:30pm, ECDC

Commission on Aging

Cindy Montero, Staff Liaison
Jerry Fishman, Chair
Kurt Brinkman, Councilmember
Nora Davis, Councilmember
Ann Nelson
Jim Golden
Joyce Jacobson
Judy Oser
June Abeyta
Kathryn Connell
Lillie Moseley
Susan Penner
2nd Wednesdays, 10:00am, Senior Center

Finance Advisory Committee

Debra Auker, Staff Liaison
Nora Davis, Chair & Councilmember
Jac Asher, Councilmember
Benay Curtis-Bauer
Elizabeth C. Altieri
Fran Quittel
Stephen Cutty
William C. Reuter
3rd Mondays, 5:30pm, City Hall in May, August, November and February

Housing Committee

Catherine Firpo, Staff Liaison
Ed Treuting, Chair
Jac Asher, Councilmember
Ruth Atkin, Councilmember
Frank Jordan
Josh Simon
Kris Owens
Lamonte Mack
Lawrence Cardoza
Michael Roth
Ra Adcock
Sarah Harper
Tina Rhodes
Vickie Jo Sowell
1st Wednesdays 6:00pm, City Hall

Marina Committee

Maurice Kaufman, Staff Liaison
Kurt Brinkman, Councilmember
Nora Davis, Councilmember
Emery Cove Marina Representative
Marinas International Representative
Betsy Cooley
Eric Raff
Herrick Andrews
Jonathan Linder
Phil Reynolds
Phyllis Larimore
Ray Westergard
Robert Blain
4th Wednesdays, 5:30pm, City Hall

Planning Commission / Housing Advisory & Appeals Board

Charles S. Bryant, Staff Liaison
Victor Gonzales, Staff Liaison
Gail Donaldson
John Scheuerman
Kairee Tann
Lawrence C. Cardoza
Sean Moss
Steven Steinberg
Vanessa Kuemmerle
*4th Thursdays, January-October
2nd Thursday of December
6:30pm at City Hall*

Parks and Recreation Advisory Committee

Members TBA
Meeting Days/Times TBA



Public Art Committee

Amber Evans, Staff Liaison
Sharon Wilchar, Chair
Laura Anderson-Vice Chair
Kurt Brinkman, Councilmember
Nora Davis, Councilmember
Edythe Bresnahan
Jean Goldman
Alicia Raffel
Randal Symank
Samantha Blanchard
Stephen Headley
2nd Thursdays, 5:30pm, City Hall

COMMUNITY ADVISORY BODIES (TEMPORARY)

CalTrans Ramp Advisory Committee

Maurice Kaufman, Staff Liaison
Kurt Brinkman, Councilmember
Nora Davis, Councilmember
Albert Repola
Bob Canter
Liz Altieri
Vickie Jo Sowell
Meets As Needed, City Hall

I-80 Pedestrian/Bicycle Crossing Committee

Amber Evans, Staff Liaison
Matthew Webber, Chair
Ruth Atkin, Councilmember
Jennifer West, Councilmember
Anthony Giansanti
Benjamin Wells
Bryce Nesbitt
Celeste Burrows
John Scheuerman
Reuben Margolin
Meets As Needed, City Hall

Park Avenue District Advisory Committee

Diana Keena, Staff Liaison
Kim Steinbacher, Chair
Ann Weber
Ashley Christian Trinh
James MacDaniel
Larry R. Mencin
Ralph Briskin
Roger Bash
Yvonne Sanches
2nd Wednesdays in November, February, May, August, 6:00pm, City Hall

Zoning Update Steering Committee

Diana Keena, Staff Liaison
Vanessa Kuemmerle, Chair
John Scheuerman, Vice Chair
Kurt Brinkman, Councilmember
Nora Davis, Councilmember
A.Robin Orden
Carol Handelman
Elizabeth C. Altieri
Gail Donaldson
Kris Owens
Miguel Dwin
First Tuesdays, 6:30pm, City Hall

City Mission Statement Task Force

Jac Asher, Councilmember
Ruth Atkin, Councilmember
Marcelline Krafchick
Ruth Major
A. Robin Orden
Judith Timmel
Meets As Needed, City Hall



Listen and watch your government in action, anytime!

CITY COUNCIL/OVERSIGHT BOARD MEETINGS ARE PODCASTED (LIVE AND ARCHIVED) AT WWW.EMERYVILLE.ORG/CITY-COUNCIL

GET INVOLVED IN LOCAL GOVERNMENT TODAY!

Attend a City Council, Planning Commission, or Advisory Committee meeting anytime, they are all open to the public. You can also watch (or listen to) any Committee meeting online or view/apply for current City Committees vacancies at emeryville.org/advisorybodies

LOCATION KEY

ANNA YATES SCHOOL: 1070 41st Street
CHILD DEVELOPMENT CENTER: 1220 53rd Street
CIVIC CENTER: 1333 Park Avenue
POLICE DEPARTMENT: 2449 Powell Street
SENIOR CENTER: 4321 Salem Street
UNIFIED SCHOOL DISTRICT OFFICES: 1275 61st Street

GOLDEN GATE BRANCH**OAKLAND PUBLIC LIBRARY**

5606 SAN PABLO AVENUE

LIBRARY: 510-597-5023

COMPUTER LAB: 510-595-8213

WWW.OAKLANDLIBRARY.ORG/BRANCHES/GG/INDEX.HTM**LIBRARY HOURS:**

Monday	closed
Tuesday	12:30-8:00
Wednesday	10:00-5:30
Thursday	10:00-5:30
Friday	12:00-5:30
Saturday	10:00-5:30
Sunday	closed

STAFF:

Sandra Toscano, Branch Manager

stoscano@oaklandlibrary.org

Claire Scott, Children's Librarian

cscott@oaklandlibrary.org

COLLECTION

Golden Gate has approximately 35,000 books, compact discs, videos, DVDs and magazines and newspapers for all ages. The African American collection is one of the largest branch collections in the system. The East Indian collection includes books for adults and children in Hindi, and Punjabi, DVDs of Hindi cinema ("Bollywood"), and CDs of many genres of classical, folk, and pop music from India. Golden Gate also offers a very impressive Children's room filled with popular titles and an inviting teen section with a growing print and non-print collection.

COMPUTER LAB

Thirteen (13) computers with Internet access and word processing are available for public use at certain times. Please phone the branch at 510- 597-5023 for more information.

MEETING ROOM

Capacity: 50 people. For information about policies and rental fees, visit: www.oaklandlibrary.org/services

**VOLUNTEER AT GOLDEN GATE LIBRARY**

The Library welcomes (and needs) volunteers ages 14 and up to help with many tasks.

POETRY FREEWRITE SERIES

Join the City of Emeryville's Poet Laureate Janell Moon for a weekly Poetry Freewrite! Read famous poems and use them as prompts to write your own. This workshop is also appropriate for memoir, fiction, and nonfiction writers who want to make their writing sing! Drop in to see if this works for you or join this supportive group, which meets on the second Tuesday of each month from 6:15pm to 7:45pm.

BABY BOUNCE + PLAYTIME

Saturdays 11:00am. Play, sing, and rhyme one on one with your baby from birth to 18 months. Followed by Playtime!

PRESCHOOL STORYTIME

Wednesdays 10:30am. Read alouds, songs, and rhymes for ages 3 to 5. Groups please call in advance.

GOLDEN GATE BOOK CLUB

Fourth Tuesdays, 6:30-7:30pm. Join us for some spirited conversation about this month's book. Call the library for current title. Group meets fourth Tuesday of each month.

WEEKLY ART WORKSHOP WITH MOCHA

Join us each Wednesday from 3-5pm with MOCHA artists in this weekly workshop for children. Each week the artist will present art related to a different theme as she or he takes us around the world in art.

CHARLES THE CLOWN CHILDREN'S SHOW ON 1/24, 3:30PM

Watch Charles the Clown perform his hilarious become-a-clown routine. The show features Biscuit the Dog Puppet, balloon antics, silly magic and comic rhyming. Appropriate even for toddlers, this gentle clown will enthrall the whole family.

Host your next event at Emeryville's Award Winning Doyle-Hollis Park!

Come reserve a space at one of the California Parks and Recreation Society's award winning parks to celebrate a birthday, enjoy a family picnic, host a company event, or just have some fun in the sun!

The fantastic amenities include a large grass lawn, multiple picnic table sites for rent, state-of-the-art playground equipment for youth and a fenced in play yard for toddlers, a basketball court, public art, and eco-friendly/ educational landscaping and new restrooms.

Permission to use jumpers and/or to have alcohol at your party must be obtained through a special permit if desired.

For more information or to download a Park Rental Application (49 person event or less) or Community Event Application (50 person event or more), visit our website at www.emeryville.org/eventsrentals or contact Rental and Events Coordinator Roselle Loudon at rloudon@emeryville.org or 510-596-4353.

Please make sure to make all park rental reservations at least one week in advance!

*Huge green space to play!**Amazing new playground for the kids!**Multi-table sites for your party!*

Emeryville City Hall
1333 Park Avenue
Emeryville, CA 94608

Celebrate Emeryville at Three Great Events!



EMERYVILLE EARTH DAY CELEBRATION 2013

DOYLE-HOLLIS PARK, 1334 61ST STREET

SATURDAY, APRIL 20, 2013

11:00AM TO 3:00PM

FREE EVENT!

Highlights include:

- Special environmental presentations and booths
- Live music and community performances.
- NEW! Juried recycled art competition with cash prizes
- Kids of all ages will enjoy a climbing rock wall.
- More information on Page 22.



EMERYVILLE'S SHORTEST TRIATHLON EVER

CITY HALL

SATURDAY, APRIL 13, 2013

STARTS AT 8:00AM

What is the Shortest Triathlon Ever?

- 100 yard swim (in a warm, swimming pool)
- 2.5 mile bike (flat ride through Emeryville)
- 2.1 mile run (fun course through Bay Street)
- Awards, giveaways, health & fitness faire, and outdoor breakfast following the race!
- More information on Page 21.

SPRING FAMILY FESTIVAL

MARINA PARK (4000 POWELL STREET)

SATURDAY, MARCH 16, 2013

12:00-2:00PM

FREE EVENT!

More information on Page 20.

Features the timeless age-categorized egg hunt where families can hunt for as many candy, toy, and special prize eggs as they can hold or until they are all found. Children's bounce houses, Mr. and Ms. Bunny for photos with your little one, children's face painting, balloon twisters, and spring themed arts/crafts tables.

